



# South-East Rural Charitable Trust

## Covid Guidelines

It is essential that all riders and foot followers of the South-East Rural Charitable Trust rides (“**followers**”) respect and adhere to this Covid Guidance and any instructions issued by officials. We are experiencing a time of national sensitivity and all those participating in equine activities must follow the protocols in place while behaving with courtesy and respect towards members of the public, other road users and the local community in which we operate.

As you can appreciate, public perception is critical, and our conduct must take this into consideration as well as minimising the risk of Covid-19 transmission.

All followers must undertake a self-assessment for any Covid-19 symptoms. You should not leave home to participate in any activities if you, or someone in your household, has symptoms of Covid-19. You must continue to follow strict self-isolation for 10 days should you show any symptoms of Covid-19. Please wash your hands before leaving home and subsequently sanitise your hands regularly.

Everyone must comply with social distancing guidelines of 2 metres apart at all times.

1. Mounted Followers – mounted followers should follow the instructions of the field master and other officials at all times and socially distance wherever possible. In particular please avoid any congestion or congregation in gateways or down tracks or roads.
2. Foot Followers – Social distancing should be adhered to at all times whether stationary or walking. Please spread out as much as practicably possible.
3. Travelling and Parking - horse boxes should be parked in such a way that allows maintenance of any social distancing requirements between riders, drivers, grooms and followers. Please park sensibly and considerately.
4. Young Followers and Children – We advise that children under 16 are accompanied by a responsible adult when participating in any equine activities, who should supervise them at all times and ensure they act in line with social distancing guidelines.
5. Event entry fee – All bookings to attend events MUST be made online at [www.seruralct.org](http://www.seruralct.org). Entry fees will not be accepted at the event.
6. Food, Car Boots and Flasks – there should not be any communal food shared during the event. Followers should not share flasks with others. Drinks and teas will be served, not self service.
7. Face Masks and Hand Sanitising Gel – all followers should take hand sanitising gel, protective gloves and a facemask with them in case they are needed to help in an emergency or other situation where social distancing is not possible.
8. Test and Trace – Details of all those attending our events on any one day will be kept by officials for 21 days. If you are asked for details, please co-operate for NHS Test and Trace purposes. Foot followers should identify themselves to a ride official and provide their details before the ride begins.
9. It may be necessary to change or cancel events at short notice or restrict participating if additional local restrictions are put in place. Please check communications from the trust regularly and follow instructions as applicable. If an event is cancelled a full refund of all entry fees will be made.

If you are unclear about any of the protocols in place, or have queries about our events, please contact: [seruralct@gmail.com](mailto:seruralct@gmail.com)

Please make sure you do everything you can to adhere to all government guidance and instructions issued to you.

Thank you

The Trustees